

## **A Special Learning Place**

This procedure has been used with incredible success in many applications. I developed it for a person going to college thirty- six years after high school graduation. She received A's and A pluses in every test even though she never did nearly that well in high school.

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It has been successful for attorneys taking their bar exams and doctors taking their medical exams. It is very important that you read this script slowly.

Use an appropriate induction method. Be sure during the induction the subject is using their thumb and index finger together as a triggering device which will also be used later for recall. As you read, it is important to allow your subject sufficient time to process each instruction. It will be especially helpful if your subject knows self hypnosis.

**Now I would like you to visualize or imagine yourself looking at your brain . . . Imagine that you can see it right in front of you, close enough that if you were to reach out, you could touch it. Imagine now that you are enlarging the image of it . . . Now imagine that you're looking inside of it. What you're looking for is a place that you can use for a special learning purpose and for storing information. I don't know whether you will find this place in your right hemisphere or your left hemisphere . . . It doesn't really matter much which hemisphere you use because either side will work very well for increasing your learning capacity. I would like you to look for this place from inside your brain . . .**

**Good.**

**This place can be a part of your brain that you've never used before or it can be a part that you haven't needed to use much lately . . . When you've found it your right index finger will lift upwards. I'd like for you to take a moment and prepare this place for new activity . . . You may have to clean it out, or you may have to just brighten it up a little to get it ready to start actively serving you . . . I'll be quiet a moment while you do that . . .**

**Now I'd like you to take a moment and ask your subconscious mind to show your conscious mind where this place is. After you've shown your conscious mind where this place is, your right index finger will lift up.**

**Good.**

**Now have your subconscious mind show your conscious mind how to open this special place . . .**

**Good.**

**Now ask your subconscious mind to show your conscious mind how to file or put information into this special place. You can store information you read, hear in lectures, see in videos, or study with audiocassettes. You can either use a file cabinet or a computer or any other way you choose to put this information into your special place . . . I'll be quiet a moment while you have your subconscious mind show your conscious mind how to put information in your special place. When you've finished, your right index finger will lift upwards.**

**Good.**

**Now have your subconscious mind show your conscious mind how to close your special place so that whatever information you put or file in there will be there for you when you want it . . . Have your conscious mind close that place once just to see that it knows how.**

**Good.**

**You have now located and prepared a special place to store everything you wish to retain . . . You have shown your conscious mind how to open this place . . . How to put information into this place . . . And how to close this place . . .**

**From today forward, whenever you begin to study or listen to a lecture, you will first roll up your eyes, take a deep breath, slowly close your eyelids while still keeping your eyes up, then exhale, relax your eyes, float down and touch your thumb and finger together, and visualize opening your storage place to receive the information. Then when you've opened your storage place, open your eyes and begin studying. Upon finishing your studying, close the place the same way . . . If you need to, you can roll your eyes up secretly by holding your hand to your forehead for a moment, covering your eyes.**

**Each time you need your stored information, or when taking a test, you will first roll up your eyes, take a deep breath, slowly close your eyelids while still keeping your eyes up, then exhale, relax your eyes, float down and touch your thumb and finger together, and visualize opening your storage place and mentally visualizing yourself retrieving the needed information from your files, computer, or whatever method you have created. Should you not immediately be able to locate the information needed, go ahead with your test or whatever you're doing knowing the answer will just "pop" into your head in a very short time.**

**Now count out your subject in your usual manner.**

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